



# 松濤館國際空手道南アフリカ WELCOME TO SKKSA ようこそ



## From the Chief Instructor

**A** warm karate welcome to you! Thank you for choosing to study with our organization. I trust that you enjoyed a restful summer holiday and are all keeping safe and healthy.

2024 is an exciting year for us as we look forward to welcoming our international head, Hanshi Rikuta Koga (9th Dan, Swiss Federation) to our dojo in August.

We also have several opportunities for exciting competitions, with the highlight being the WUKF SA National Championships and Afro-Asia Open, to be held in Gqeberha (Port Elizabeth) from 22 - 24 March. We look forward to taking a team to participate.

We will continue to bring you international classes with our friends from across the karate world. Look out for these online classes on our digital platform, MyDojo. We encourage you to take advantage of these great opportunities.

### IMPORTANT EVENTS TO DIARISE FOR THIS YEAR

Take note of these important examination and training events:

- \* **Mid-Year Colour-Belt Grading:** at dojo-level between 8-12 July 2024. Dojo-specific dates to be communicated.
- \* **Summer Course & All-Belt (White-Black Belt) Grading:** Fri. 6 December 2024 - Sun. 8 December 2024

Details & schedule specific to your grade will be sent out closer to each of these two important events. Those wishing to grade will be required to participate in the compulsory sessions relevant to their grade. Compulsory sessions are non-negotiable.

### WELCOME PACK

This Welcome Pack includes all the information you need to get started on your karate journey with SKKSA.

### REGISTRATION

All new and returning karateka are required to affiliate with SKKSA. The registration form can be found at the back of this Welcome Pack. It is vital that you ensure your form is filled-out and returned to your instructor along with the registration fee. Unregistered karateka may not be entered into exams, tournaments and training courses and will not be eligible for SKKSA ID. Returning students are required to affiliate via MyDojo.

SKKSA maintains a policy of 90% karate, 10% competition training. We follow the traditional Shotokan style, and practice the philosophy of the founder of modern karate, Gichin Funakoshi:

*The ultimate aim of karate lies not in victory nor defeat, but in the perfection of the character of its participants.*

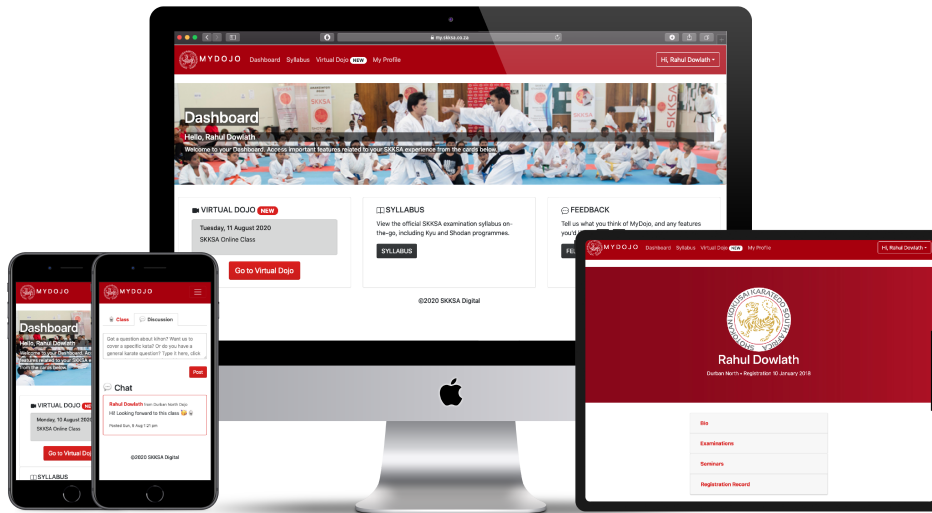
To our returning karateka, I welcome you back to another exciting year. And to those joining us for the first time, thank you for choosing SKKSA. I trust that you will enjoy your karate experience with one of South Africa's most innovative karate groups.

I thank you for your support, and invite you to make regular contact with me or the dojo instructors to discuss any aspect of you or your child's progress in karate.

Wishing you a sporting 2024! Yours in karatedo,

### ANEEL DOWLATH SENSEI

Chief Instructor & Technical Head  
(Rokudan – 6th Dan black belt)



## SKKSA MYDOJO

### Your Online Karate Portal

MyDojo is your central hub for your student life with SKKSA.

Returning students can use MyDojo to easily re-register with us. The web app can be downloaded to your phone or tablet, and you can use your Profile as your student card to sign-in to senior Saturday training and other special events.

New students are requested to sign-up for MyDojo once their SKKSA registration has been processed and they have received their SKKSA ID number (SKK#####)

View your karate profile with us: see your grading records, track your senior Saturday sessions, and more.

#### ONLINE REGISTRATION

Our returning students can use their phone, tablet or computer to complete their 2024 registration with us. This eliminates the tedious task of filling our forms, paper waste, and minimises physical contact. Our online registration promises to be a more efficient way to get you set-up for your 2024 karate endeavours with us.

You can even affiliate as a family in a single application with our new Linked Family Profiles. Simply login to MyDojo with one of your family's accounts and follow the 2024 registration prompts. We hope to extend online registrations to new students in the future.

#### INTERNATIONAL CLASSES

Look out for the announcements of special online classes with international instructors on your MyDojo Dashboard.

#### SIGN UP FOR MYDOJO

If you haven't yet signed up, please visit [my.skksa.co.za](http://my.skksa.co.za) to link your SKKSA ID and get your own MyDojo account today. We encourage all our karateka to sign up for MyDojo (even if there are more than one member in each family practicing). MyDojo is a personal platform and the experience is tailored to each student.

#### MYDOJO IN 2024

MyDojo is built in-house and so we are constantly able to adjust it as our organisation changes, ensuring that you have the best experience possible. We welcome your feedback. Please let us know what you'd like to see on MyDojo. Email [digital@skksa.co.za](mailto:digital@skksa.co.za). I look forward to hearing from you.

Wishing you a sporting 2024 and see you at the Virtual Dojo soon!

Yours in karatedo

**RAHUL DOWLATH**

SKKSA Digital

(Nidan – 2nd Dan black belt)

## AWARDS

The organization uses a Points Rating system, whereby points allocated under this system are used to determine the following:

- ▶ Entrance into regional or provincial tournaments
- ▶ Entrance to national tournaments
- ▶ Training workshops
- ▶ Invitation tournaments
- ▶ Grading examinations
- ▶ Overseas tours and competitions
- ▶ Annual Awards

Please refer to the points allocation schedule alongside. It must be noted that under this system every student will be able to track and determine his/her progress throughout the year. Note also that special emphasis is placed on dojo training.

## IMPORTANT

Whilst the points earned will be used to determine awardees at the end of the year, the Chief Instructor reserves the right to have the final decision in selecting the awardees.

The **"Extra Mile"** Awards are offered to those students who are purple belt upward, and the students attitude to his/her training (i.e. how seriously they take their karate), and well as participation in karate events (tournaments and training courses) will be considered.

The **"Perseverance and Dedication"** awards are offered to white to blue belts. Awardees are selected on the basis of improvement, dedication to training and the amount of effort put into their training, as well as their general standard of karate.

The **"Student of the Year"** award is for purple-black belt students, calculated from 13 January to 30 November. It comprises attendance at Saturday classes, weekday classes, and participation and achievements at tournaments, and participation at other karate seminars and events.

The **"Chief Instructor Choice Award"** is for purple-black belt students. It is solely at the discretion of the Chief Instructor and is based on his personal observation and assessment of the student's dedication to the art.

ACTIVITY	POINTS
Saturday Training (must be present for full 2hr session*)	12 per Sat
Special SKKSA weekend & invitational seminars	12 per session trained
Participation at SKKSA/invitation tournament	3
Participation at a provincial tournament	4
Participation at a national tournament	5
Participation at an international tournament	10
Drawing blood in kumite at a tournament	-15
Being disrespectful in public/losing control/showing no respect towards your instructor or fellow karateka, opponent or referee	-80
Found being disrespectful in public/bringing the organization's name into disrepute	-80

**PLEASE ENSURE THAT YOUR MEDAL WINNINGS ARE RECORDED BY YOUR INSTRUCTOR ON THE DAY OF THE TOURNAMENT. IF YOU DO NOT ADVISE YOUR INSTRUCTOR OF YOUR WINNINGS, YOUR POINTS MAY BE FORFEITED.**

\* Points will not be allocated should the student leave without training for the full 2 hours on a Saturday

## AFFILIATION TYPES & FEES

All affiliation fees are payable to SKKSA upon registration. A 10% late-payment levy will be applicable on any affiliations received >30 days from date of signature.

2024 Annual Registration Fee Breakdown	
<b>SKKSA: Dojo-only</b>	
Junior (under 18 years)	R390 p.a.
Senior (18 years & over)	R430 p.a.

**SKKSA ID**

Each student is issued with a grading book when they join **SKKSA**. These books serve as a record of your karate career. They are also barcoded with your unique student number, called **SKKSA ID**. This allows you to scan in to **SKKSA** seminars. Karateka are required to bring their books to seminars as a means of accessing each session; grading books are also required when karateka undertake examinations. Please keep your grading book safe - replacing the grading book incurs a fee (see table below).

**DIGITAL STUDENT CARDS**

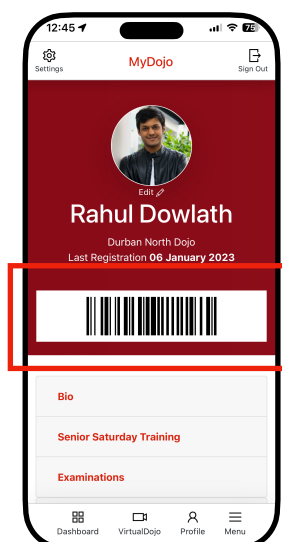
All registered students have access to a digital student card available via MyDojo. Use this to scan into senior Saturday training and other SKKSA-hosted training events.

REPLACEMENT FEES	
GRADING BOOK	R 50

**REPLACING A LOST GRADING BOOK**

Please notify your dojo instructor. SKKSA Student Records will then liaise with your instructor to process the request for a replacement.

Payments for replaced grading books may be done with your instructor; new grading books are only issued once payment is received. For more information, please visit [www.skksa.co.za/id](http://www.skksa.co.za/id)

**SCAN INTO TRAINING WITH YOUR PHONE**

Tap "Profile", then use the barcode beneath your photo to scan into SKKSA-hosted training sessions.

**GO BEYOND THE DOJO.**

NEWS, PHOTOS, FILMS AND MORE

**GO BEYOND THE DOJO:  
JOIN THE CONVERSATION ONLINE**

Connect with us on Facebook and Instagram. Keep updated with live blogs of events, photos, the latest news, and more by following us on Instagram [@skksa.online](https://www.instagram.com/skksa.online) and on [facebook.com/SKKSA](https://www.facebook.com/SKKSA).

Visit the **SKKSA** website to download syllabus, learn more about us, and view our video presentations. Click onto:

[www.skksa.co.za](http://www.skksa.co.za)

Read the Kata Series, learn more about the art of karate and get the latest news from our blog:

[www.skksa.co.za/blog](http://www.skksa.co.za/blog)

**EMAIL**

- ▶ For general enquiries, email: [info@skksa.co.za](mailto:info@skksa.co.za)
- ▶ For media-related info, email: [digital@skksa.co.za](mailto:digital@skksa.co.za)

**CALENDAR**

Our Events calendar is constantly updated with the latest info. It's available online, and you are encouraged to check the Events page regularly to familiarize yourself with what's happening in the karate world. Access the Events page from:

[www.skksa.co.za/events](http://www.skksa.co.za/events)

### GRADING EXAMINATION POLICY

Please read the following policies carefully regarding grading examinations:

- ▶ No student will be allowed to grade in July if they registered after 31 March 2024.
- ▶ No student will be allowed to grade in December if they registered after 15th August 2024.
- ▶ Students who hand-in Registration Forms between the 1st April 2024 and 14 August 2024 may only grade in December.
- ▶ Registration forms received 30 days after signature date is subject to a 10% late fee.

### COLOUR BELT EXAMINATIONS

There are two examinations a year: Mid-Year Exams occur in July at your respective dojo; Final Exams occur in December at the 2024 Summer Course. A student may not attempt an exam if:

- ▶ They have not attended at least 80% weekday classes
- ▶ They are not wearing the correct karate attire
- ▶ A student may only participate in an exam upon recommendation by their dojo instructor.

### BROWN BELT EXAMINATIONS

There is only one examination a year, at the 2024 Summer Course in December (6-8 December)

A brown belt karateka, or a karateka currently purple belt and eligible to undertake a brown belt examination, may only do so by fulfilling the following requirements:

- ▶ Completed a minimum of two Saturday sessions per month, consistently throughout the year. Intermittent progress reports of your attendance will be provided to your dojo instructor.
- ▶ Completed at least 80% of their weekday classes

- ▶ Brown and black belt examinations are done once a year at the 2024 Summer Course, dates to be announced.
- ▶ All brown belt karateka are required to complete all sessions at the 2024 Summer Course in order to qualify for examinations. This requirement is not negotiable. Refer to brown belt grading policy.
- ▶ Black belt exams: refer to Black Belt Exam Policy

**\*The Senior Grading Policy must be signed at the beginning of the year by all brown/black belt candidates, and is available from your instructor. It can also be found in the Admin Hub on MyDojo.**

### CORRECT KARATE ATTIRE

Karateka are required to wear the correct *gi* at all times while training.



Note: protective gear is required at competitions. Your dojo instructor will advise on the appropriate approved items, and where they may be purchased from.

SKKSA badges may be purchased from your instructor. If you have any questions regarding the correct karate attire, please speak to your dojo instructor.



## NEW STUDENT REGISTRATION FORM

SKKSA AFFILIATION FEE: R430 (18 & over) ▪ R390 (under 18 years)

**RETURNING STUDENTS TO AFFILIATE ON MyDojo. VISIT [my.skksa.co.za](http://my.skksa.co.za)**

Welcome to SKKSA. Please complete this registration form to affiliate with us. **All fields marked with an asterisk (\*) are compulsory.**  
Once completed, you may return this form to your dojo instructor.

**PLEASE PRINT IN CAPITALS IN THE BLOCKS PROVIDED**

**ALL FIELDS MARKED WITH A STAR (\*) MUST BE FILLED IN (FORM INVALID IF INCOMPLETE)**

* FIRST NAME(S)																						
* LAST NAME																						
* SA ID NUMBER											* DOJO (eg. "Durban North")											
												* CURRENT BELT										
												If you previously graded with SKKSA (or are joining from another karate organization) please indicate your current karate belt colour (and kyu grade if you are a brown belt)										
* GENDER	<input type="checkbox"/> MALE <input type="checkbox"/> FEMALE										* AGE			* DATE OF BIRTH (DD / MM / YYYY)								
PLEASE TICK																						

**\* Contact Details**

PLEASE PROVIDE AT LEAST ONE CONTACT DETAIL IN CASE OF EMERGENCY

MOBILE / WHATSAPP NUMBER				.....	CONTACT NUMBER													
	CODE	NUMBER				CODE	NUMBER											
EMAIL																		

\* ADDRESS


**Allergies/Illnesses** PLEASE LIST ANY CONDITIONS THAT MAY AFFECT THE STUDENT'S TRAINING

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### \* CONSENT & INDEMNITY

I, \_\_\_\_\_ (Full names), the parent/guardian of \_\_\_\_\_, hereby give consent for my child/ward to take part in activities concerning karate, including excursions, seminars and tournaments. I fully understand and accept that all tours, excursions and tournaments shall be undertaken at my child's/ward's own risk, and I undertake on behalf of myself, my executors, my spouse and my child/ward aforesaid to indemnify, hold harmless and absolve the above organization, the Chief Instructor and his club instructors against any or all claims whatsoever that may arise in connection with any loss of damage to the property or injury to my child/ward aforesaid in the course of any such tour, excursion tournament or training session, in the knowledge that the Chief Instructor and his instructors will nevertheless take all reasonable precautions for the safety and welfare of my child/ward.

SIGNATURE OF PARENT/GUARDIAN/STUDENT	SIGNATURE OF WITNESS (1)	SIGNATURE OF WITNESS (2)